

# Outpatient Fitness Restoration Agencies

## Region 1 (Grant)

### The Chicago School Forensic Center (Cook County)

222 Merchandise Mart Plaza, Suite 442

Chicago, Illinois 60654

Phone: 312-467-2535

Contact: Ana Belmonte, Psy.D. (312-467-2435, 847-341-4541(C))

Melissa Jajko, Psy.D. (312-488-6079)

Michael Russell, LCSW (312-410-8951)

Casey A. Sharpe, Psy.D. (312-329-6609, 708-417-6911(C))

Megan Smith, M.A., LPC ([megansmith@thechicagoschool.edu](mailto:megansmith@thechicagoschool.edu))

## Region 2 (Program 230 Grant)

### DuPage County Health Department

111 North County Farm Road, Wheaton, Illinois 60187

1111 Jackson Street, Lombard, Illinois 60148

1111 West Lake Street, Addison, Illinois 60101

422 North Cass Avenue, Westmont, Illinois 60559

245 West Roosevelt Road, West Chicago, Illinois 60185

Phone: 630-682-7400, 630-221-3500

Fax: 630-543-9276, 630-221-3580

Contact: Crisis Unit Intake (630-627-1700)

Intake Department (630-221-7980)

Jeffrey Lata, LMFT (630-221-7546, [jlata@dupagehealth.org](mailto:jlata@dupagehealth.org))

Andrew J. O'Brien, LCPC, CADC (630-221-7528)

### Ecker Center for Mental Health (Kane County)

1845 Grandstand Place

Elgin, Illinois 60123

Phone: 847-695-0484

Fax: 847-697-9307, 847-695-1265

Contact: Nisha Shah MS, CRC, LCPC (847-695-0484 x1899)

**Kendall County Health Department**

811 John Street  
Yorkville, Illinois 60560  
Phone: 630-553-9100  
Fax: 815-939-3557  
Contact: Amaal Tokars, Ed.D. (630-553-8097, 630-649-1988(C))  
Jason Andrade

**Lake County Health Department**

Behavioral Health Services  
3010 Grand Avenue, 1<sup>st</sup> Floor  
Waukegan, Illinois 60085  
Phone: 847-377-8180  
Fax: 847-984-5682  
Contact: Michael Fletcher, Psy.D. (847-377-8566)

**Stepping Stones of Rockford (Winnebago County)**

706 North Main Street  
Rockford, Illinois 61103  
Phone: 815-963-0683  
Fax: 815-963-6018  
Contact: Chris Overton (815-963-0683)  
Susan Schroeder  
Laura Redd, LPC, NCC, CADC (815-520-0535)

**Region 2 (No Grant)**

**Mississippi Centers**

325 Illinois Route 2  
Dixon, Illinois 61021  
Phone: 815-284-6611, 800-242-7642  
Contact: Jennifer Thomason  
Katie Hazek

Counties covered: Lee, Ogle, Whiteside, Carroll, Jo Daviess, and Stephenson  
30 programs (comprehensive services), including Community Service Team (CST)  
No child welfare services  
Interested in providing fitness restoration services on an outpatient basis

## **Region 3 (Program 230 Grant)**

### **Bridgeway Inc. (Knox, Warren, Henry, Henderson, McDonough Counties)**

2323 Windish Drive

Galesburg, Illinois 61401

Phone: 309-344-2323

Contact: Stacy Brown, Vice President of Behavioral Health Services (309-344-4265,  
[stacyb@bway.org](mailto:stacyb@bway.org))

William Nelson, Chief Executive Officer (309-344-4337, [billn@bway.org](mailto:billn@bway.org))

### **Human Service Center (Peoria County)**

1200 Hamilton Boulevard

Peoria, Illinois 61606

Phone: 309-671-8040

Contact: Gary Anderson

### **Institute for Human Resources of Livingston County (Livingston County)**

310 East Torrance Avenue

Pontiac, Illinois 61764

Phone: 815-844-6109

Contact: Jessica Siwak, Clinical Director (815-844-6109, [siwak@ihrpontiac.com](mailto:siwak@ihrpontiac.com))

Jenny Larkin, Business Manager (815-844-6109, [larkin@ihrpontiac.com](mailto:larkin@ihrpontiac.com))

Joe Vaughan, Executive Director (815-844-6109, [vaughan@ihrpontiac.com](mailto:vaughan@ihrpontiac.com))

### **Iroquois Mental Health Center (Iroquois, Champaign, Jackson, Vermilion Counties)**

323 West Mulberry Street

Watseka, Illinois 60970

Phone: 815-432-5241

Contact: Dennis Hopkins, Executive Director (815-432-5241, [dhopkins@imhc.net](mailto:dhopkins@imhc.net))

Kim Fear, Associate Executive Director of HR & Finance (815-432-5241,  
[kfear@imhc.net](mailto:kfear@imhc.net))

### **The Robert Young Center for Community Mental Health (Rock Island County)**

4600 Third Street

Moline, Illinois 61265

Phone: 309-779-3000

Contact: Mary Petersen, Chief Operations Officer (309-779-2257,  
[mary.petersen@unitypoint.org](mailto:mary.petersen@unitypoint.org))

Jill Westhoff, Director of Financial Operations (309-779-2070,  
[jill.westhoff@unitypoint.org](mailto:jill.westhoff@unitypoint.org))

Dennis Duke, President (309-779-2031, [dennis.duke@unitypoint.org](mailto:dennis.duke@unitypoint.org))

## **Region 3 (No Grant)**

### **Rosecrance (Champaign County)**

1801 Fox Drive

Champaign, Illinois 61820

Phone: 217-398-8080

Contact: Natalie Hall (217-372-7090(C))  
Kristen Hammel

## **Region 4 (Program 230 Grant)**

### **Mental Health Centers of Central Illinois (Sangamon County)**

710 North 8th Street

Springfield, Illinois 62702

Phone: 217-525-1064

Contact: Sara Anderson, Manager (217-588-7765, [anderson.sara@mhsil.com](mailto:anderson.sara@mhsil.com))  
Laura Rapaport, Finance Director (217-588-7759, [rapaport.laura@mhsil.com](mailto:rapaport.laura@mhsil.com))  
Diana Knaebe, President (217-588-7704, [knaebe.diana@mhsil.com](mailto:knaebe.diana@mhsil.com))

## **Region 5 (Program 230 Grant)**

### **Adapt of Illinois (St. Clair County)**

2600 West Boulevard

Belleville, Illinois 62221

Phone: 314-560-4239

Contact: Cindy Janicak (877-553-9440 x4010, [cindyjanicak@adapt.us](mailto:cindyjanicak@adapt.us))  
Kate Connor, Assistant Executive Director (314-560-4239, 877-553-9482 x4101, [kateconnor@adapt.us](mailto:kateconnor@adapt.us))

### **Human Support Services (Monroe, Randolph, St. Clair Counties)**

988 North Illinois Route

Waterloo, Illinois 62298

Phone: 618-939-4444

Contact: Anne Riley, Executive Director (618-939-4444, [ariley@hss1.org](mailto:ariley@hss1.org))  
Stacie Roy, Chief Financial Officer (618-939-4444, [sroy@hss1.org](mailto:sroy@hss1.org))

**Arrowleaf (Alexander, Massac, Hardin, Pope, Johnson, Pulaski & Union County)**

125 North Market Street

Golconda, Illinois 62938

Phone: 618-683-2461

Contact: Sherrie Crabb, Chief Executive Officer (618-658-3079 x2,  
[sherrie@fccinonline.org](mailto:sherrie@fccinonline.org))

Nora Bullock, Chief Financial Officer (618-683-2461,  
[norabeth@fccinonline.org](mailto:norabeth@fccinonline.org))